Walnut Shell Candles



We love making these sweet little candles in our homeschool during the winter and especially as a Valentine's Day gifts.

## Materials:

- Beeswax
- Cotton string or wick
- Whole walnuts (get extras)
- Mason jar
- Deep Saucepan
- Optional wax color and essential oils for color and scent

1. Crack walnuts open. A butter knife can be handy to help the shells to break in half perfectly. Be sure to have extra walnuts because they won't all crack perfectly.











2. Separate shells from nuts. Little people especially love eating healthy foods when they can help to harvest them somehow.



3. Heat beeswax (and optional coloring and scents) in a mason jar immersed in a saucepan of water.

4. When fully melted, remove from heat and let jar cool to the touch. Place empty walnut shells over parchment paper or work surface. Pour wax carefully into walnut shells.

5. Place a small piece of wick or string inside wax.







7. Voila! You can float these little candles in a vessel of water for a magical experience. Print out the document for the accompanying poem.





Place your walnut candle in a vessel of water to start. Have a parent light the wick, Take a deep breath, and make a wish from your heart. Does your candle float, sail, crackle or sink? This will be the clue... As to whether or not your special wish will come true!



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